



BREAST SCREENING:

CARING FOR YOUR HEALTH WITH CONFIDENCE

At Our Dedicated Women's Imaging Centre, Paragon Orchard

Your health is one of your most valuable assets, and breast screening plays a key role in protecting it. Screening is not only about finding problems early, it is about peace of mind and empowering women to take charge of their well-being.

At RadLink, we understand that every woman deserves a supportive and comfortable environment when it comes to health checks. That is why our **dedicated Women's Imaging Centre at Paragon Orchard** was designed with patients in mind. From private, welcoming spaces to the latest imaging technology, our centre offers a seamless and reassuring experience at the heart of Orchard.

1 Why Early Detection Matters

Breast cancer is one of the most common cancers among women, but when found early, it is highly treatable. Screening allows doctors to detect small changes in the breast before they can be felt or cause symptoms.

The benefits of early detection include:



Simpler treatment

When breast cancer is diagnosed early, treatment is often less invasive. Many women can avoid chemotherapy or more extensive surgery.



Better outcomes

Survival rates are significantly higher when cancer is detected in its earliest stages.



Preserving quality of life

Early treatment usually means faster recovery, fewer side effects, and less disruption to family and work.



Peace of mind

A normal screening result provides reassurance and helps you stay focused on living life with confidence.

2 What to Expect at Our Paragon Centre

We're committed to providing an exceptional experience at every step, from the moment you walk in to the time you leave.

When you visit our centre, you can expect:



Comfort First

Our radiographers and staff are trained to ensure the process is gentle and supportive.



Quick and Efficient

Most appointments are completed within 30 minutes, making it easy to fit into a busy day.



Personalised Care

Every patient is guided through the process with clear explanations, and your results are reviewed by our experienced breast radiologists.

3 Meet Dr Cheryl, Breast Radiologist

Dr Cheryl leads our breast imaging services at Paragon. She is a fellowship-trained radiologist who specialises in mammography, breast ultrasound, and MRI breast imaging.

Having worked with women across different age groups and health backgrounds, she understands that screening is as much about reassurance as it is about accuracy.

I know many women feel anxious about their first mammogram.

My role is not only to interpret the images, but also to ensure that every patient feels heard, supported, and cared for. Breast screening is about empowering women to stay in control of their health.

— Dr Cheryl

4 Frequently Asked Questions with Dr Cheryl

Q: At what age should I begin breast screening?

For most women, we recommend starting annual mammograms from age 40. Those with a family history of breast cancer may need to start earlier.

Q: Does a mammogram hurt?

Some women describe it as firm pressure for a few seconds. We do everything possible to make it as comfortable as we can.

Q: What if something unusual is found?

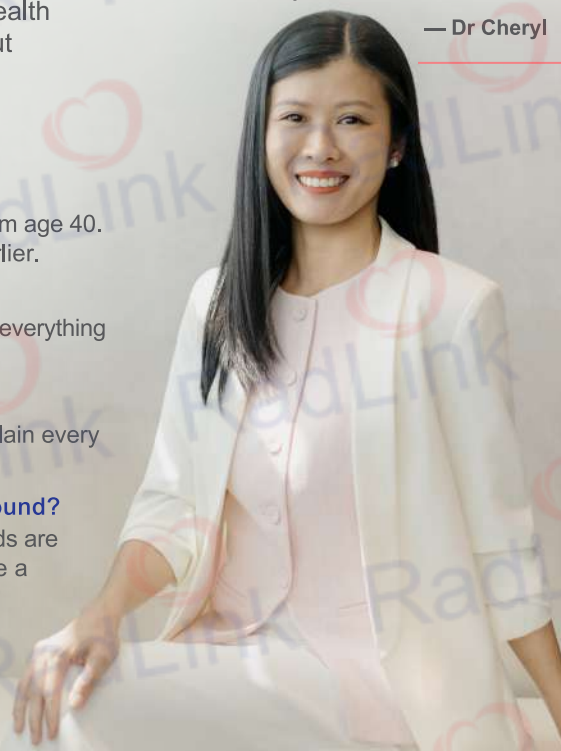
Many findings are harmless. If further tests are needed, we will explain every step and ensure you have the right support.

Q: What is the difference between a mammogram and an ultrasound?

Mammograms are excellent for detecting small changes. Ultrasounds are helpful in women with denser breast tissue. Together, they provide a more complete assessment.

Q: How often should I be screened?

Women over 40 should ideally have a mammogram every year. For younger women with risk factors, a personalised plan is best.



Tips for Breast Wellness



Know Your Body

Be familiar with how your breasts normally look and feel.



Stay Active

Regular exercise supports hormonal balance and overall health.



Eat Well

A balanced diet with fruits, vegetables, and healthy fats is beneficial.



Reduce Alcohol

Even small reductions can help lower risk.



Make it Routine

Think of your breast screen as part of your annual health check.

Hear from Other Women

Many patients who visit our Paragon Orchard Women's Imaging Centre share their experiences on Google Reviews. Reading these stories is a reassuring way to understand what to expect and how other women felt cared for during their visit.

We invite you to explore their feedback online and see why so many women trust RadLink with their breast health.

Our Women's Imaging Centre at Paragon Orchard is designed for women, by women.

A simple 20 minute visit can give you clarity, reassurance, and confidence in your health journey. Read our Google Reviews and visit us to take the next step in protecting your health.



Scan to read
Google Reviews ★★★★★